

Clinton events

VOLUME 17 • QUARTER 2 • 2018



DELIVERING TOWN NEWS



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FROM LEFT

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Cancer Surgeon

Kristen Zarfos, M.D.

Middlesex Hospital
Breast Surgeon

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The First Selectman's Corner

Clinton extends a warm welcome to our new Human Service Director, David Melillo. A native of East Haven, he is a graduate of University of Connecticut, magna cum laude with a degree in psychology, and Southern Connecticut, with a master's degree in counseling psychology.

David was the inaugural hire at Madison Youth & Family Services, where he developed dozens of new programs and services over his 33 year tenure. During that time, his responsibilities expanded to include both Social Services and Senior Services.

Most recently, he worked at The Grove School in Madison as a therapist. When the job opportunity in Clinton arose, David says he "decided to return to his town services' roots, and the full array of potential in the Town of Clinton Human Services Department." He lives in Guilford with his wife, two children and a dog. The Melillo's also are foster parents, focusing on children with special needs.

MORE TOWN NEWS: On May 30, in partnership with the Economic Development Committee, the First Selectman hosted the first in a series of Business Resource Forums.

To ensure we remain a thriving and fiscally-sustainable place to live and work, business growth is essential. On this theme, we created this event to ensure business owners in Clinton know they are

supported from every angle – financing, technical assistance, creating networks of contacts, and more. It is essential to the vibrancy of our Town that local businesses succeed. Oftentimes, it requires the assistance of the local, regional, state, and national partners - all who participated in the Forum. Attendees learned about the resources available for small business support, and had the opportunity to network with community business leaders, local government officials, and representatives from community organizations such as Connecticut Procurement Technical Assistance Center, Connecticut Small Business Development Center, SCORE, SECTER and Clinton Chamber of Commerce. Speakers included: **Aya Beckles Swanson**, Vice President of Community Lending for the Community Investment Corporation; **Sheila Hummel**, Business Development Program Manager for the Connecticut Department of Economic and Community Development; **Beth Wallace**, Director of Business Services for the Connecticut Economic Resource Center; **Jeff Pugliese**, Administrator of the Middlesex County Revitalization Committee; **Lisa Powell**, Business Development Specialist with the US Small Business Administration; **Wanda Lary**, Business Services Coordinator for Workforce Alliance.

continued on page 2



Christine Goupil
First Selectman

An advertisement for Saybrook Country Barn. The background is a photograph of a white outdoor dining table with four blue-cushioned chairs on a stone patio overlooking a swimming pool and a lake. The text "Outdoor Furniture Built To Last" is overlaid in a serif font. The Saybrook Country Barn logo is in a dark blue box at the bottom right. Contact information and a slogan are at the bottom left.

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Participant questions ranged from: Are there special loans for veteran-owned businesses? / What would you recommend to help developers with the regulatory process and environment? / What is available for women-owned businesses? The Town of Clinton has compiled the questions from the Business Forum and contact information from all the participants as a resource. It can be found on the Town website or by contacting the First Selectman's Office at firstselectman@clintonct.org.

Please consider joining our team of volunteers who serve on town boards and commissions. Opportunities continue to exist. Contact 860-669-9333 if you are interested. Together, we are making Clinton the Jewel of the Shoreline.

The First Selectman continues to host the Brown Bag Lunch/dinner on the 3rd Thursday of the month. Please look to the Town of Clinton calendar to for the time at clintonct.org.

Christine Goupil, First Selectman

Dear Readers and Advertisers!

It is with great excitement that I announce the launch of Events Magazines' inaugural "The Last Word" segment.

What is "The Last Word?" "The Last Word" is a new feature article that will appear on the last page of all of our 13 magazines (as you may know we currently publish Events Magazines in 13 Connecticut towns). Each quarter there will be a story about someone with Connecticut ties who has made major accomplishments not only in his/her professional field but also in the community. Our inaugural "The Last Word" segment for the third quarter of 2018 highlights NASCAR professional driver Joey Logano, who is a native of Middletown, CT. It touches on his racing career milestones as well as his work in Connecticut and around the country through the Joey Logano Foundation.

What's Next? Well, I can't really give that away just yet. We've got some ideas in the works for the 4th quarter issue of Events Magazines.

Comments and Feedback? As always, we welcome your input and insights on how we can continue to enhance the magazines for the benefit of readers and advertisers alike. All of us at Events Magazines hope you enjoy our first-ever "The Last Word" feature. We look forward to continuing to serve the community through our Events Magazines!



William McMinn, Owner, Essex Printing & Events Magazines

News from the Town Clerk's Office

REPUBLICAN & DEMOCRATIC PRIMARIES

TUESDAY, AUGUST 14, 2018

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GREEN ROOM – LOWER LEVEL – TOWN HALL

ELECTION: TUESDAY, NOVEMBER 6, 2018

HOURS: 6:00 am to 8:00 pm

GREEN ROOM – LOWER LEVEL – TOWN HALL

November 6, 2018 Election -

Absentee Ballot applications are available in the Town Clerk's office and on the Town Clerk's website. Click on Elections. AB ballots become available October 5, 2018.

Permanent Absentee Ballots: An elector can file an AB application together with a doctor's certificate (presumably on letterhead), stating that they have a permanent disability and are unable to appear in person at their polling place. This will allow an elector to be on our Permanent Absentee ballot list. AB ballots will then be automatically mailed to the elector for the election.



Election Day Registration will be available.

If you should have any questions, please call the Town Clerk's Office at 860-669-9101.

Sharon Uricchio, CCTC,
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Hammonasset Festival

The Hammonasset Festival returns to the Guilford Fairgrounds this fall. Honoring the environment and Native American traditions, the 8th Festival will take place on Saturday, September 29, from 10 am to 7 pm and Sunday, September 30, from 10 am to 5 pm.

“We’ve listened to feedback about ways to enhance the experience and educational value of the Festival,” says Barbara Hanson, Festival Chair, “and we chose Children and Families: We Are All Connected as this year’s theme to complement the celebration. Children and families are at the heart of all cultures, they are the beginning and the future.”



“The gift of knowledge provided by the elders and passed down through generations of family and community is a time-honored tradition of Native American peoples,” says Darlene Kascak (Schaghticoke), Education Coordinator at The Institute for American Indian Studies. “It teaches us how to live in balance with all living things, leading us to a deeper respect for each other, ourselves and our environment.” “It is knowing that we are all connected,” adds Ms. Hanson.

Each day begins with a Native American blessing and smudging ceremony, led by Allan Saunders (Mohegan). There will be multiple appearances by our featured performers:

- Erin Meeches (Schaghticoke) and the Native Nations Dance Troupe will gather in the Dance Circle.
- The Chankas of Peru who will once again share the amazing Scissors Dance, a traditional highland Andean ritual competition between two or more dancers. Each dancer will showcase his repertoire of acrobatics, gymnastics, aerial jumps, and intricate footwork.
- Tchin (Narragansett), Native



continued on page 6



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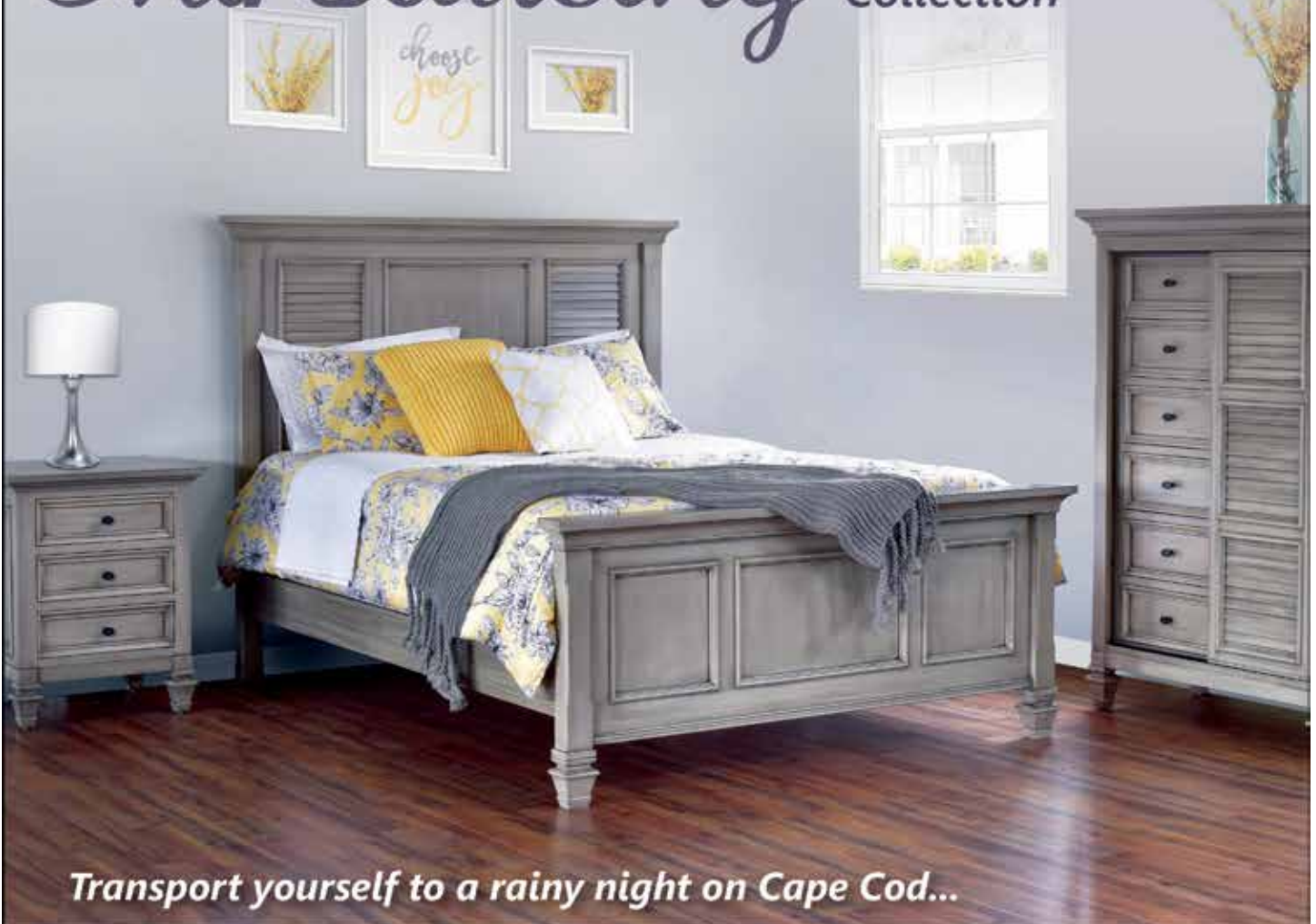


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Hammonasset Festival... continued from page 4

American storyteller, will make his Hammonasset Festival debut.

Music and song will be provided both days by Allan Madahbee (Ojibway) playing Native American flute and guitar. There will also be performances by Scott Shuffitt, playing Native American-style flutes, with Todd Secki on drum. Around the grounds, under tents and in the Butterly Building you will find an array of vendors and traders, exhibitors and educators.

There will be live wildlife shows, an expanded children's area, the ever-popular New England Atlatl Championship, and a variety of food choices.

Contact: HammonassetFestival@gmail.com. Find more information and schedule of events at Facebook.com/.HammonassetFestival or the Friends of Hammonasset website: Hammonasset.org.

The Festival is presented by the Friends of Hammonasset, a 501(c)(3) non-profit organization which also provides public environmental awareness programs, serves as advocate of Hammonasset Beach State Park, and seeks to preserve the integrity of the Park's natural resources. The Friends of Hammonasset is affiliated with Friends of Connecticut State Parks and works in cooperation with state and local park management. Contact information: hammonassetfestival@gmail.com. Note: variations in spelling of Hammonasset in this article are correct and are not identical. Two "i"s are used for the Festival to reflect an older variation of the spelling.

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Clinton Land Conservation Trust News

The CLCT is pleased to announce Nicole DiStasio as the 2018 winner of the Alice and David Crosby Environmental Scholarship.



Michael Houde, President of CLCT presents the check to Nicole DiStasio

Nicole is a Clinton resident who recently graduated from Middletown High School Agricultural Program. She will be attending Paul Smith College majoring in Sustainable Communities. We wish her well!

The CLCT sponsored the purchase of a child-sized backpack for the Clinton Library's Get Outdoors program.



The backpack contains 2 nature cargo vests, 2 magnifying glasses, compact, waterproof binoculars, a water proof military compass, a hand crank solar powered flashlight, 3 folding pocket guides about Connecticut wildlife, trees, and birds, a guide book to Connecticut State Parks, and laminated trail maps to local Clinton Land Conservation hiking trails. Get Outdoors and discover nature!

Families Helping Families

By the time you receive this magazine there will only be a couple of weeks left in our summer lunch program. We have provided lunches for children every Friday that they are out of school during this summer. The Henry Carter Hull Library provides a safe environment for the children every Friday from 12-1. Not only are lunches provided thanks to Chow but children are also given food to take home for lunches during the rest of the week.

We also have guests who visit during the lunch time such as Clinton Fire Department, Clinton Police Department, Therapy Dogs, and Yale Peabody Museum personnel. So please feel free to bring your children and enjoy not only lunch but the wonderful world that the library offers.

We would like you to know that after months of hard work we have launched our newly created website fhfclinton.org. After numerous revisions we believe that the site will not only allow us to tell our story but also give you up-to-date information on events, how to contact us, how to sign up to volunteer, and how to donate. Please feel free to visit and let us know if you feel we should add any additional information.

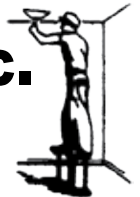
We will be holding our annual Fall Food Drive on Saturday August 25 at Stop & Shop from 10-2. This food drive is vital to the Clinton Food Pantry. This will be the first town wide food drive in nearly four months and the Clinton Food Pantry has seen an increased use this year and they need help keeping vital non-perishable food on their shelves.

So we hope you will take a moment to help us help some

Clinton families who are experiencing some very difficult and unforeseen circumstances.

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Hammonasset in the 1940s

Every sunny Sunday from Hartford, my parents, sister, grandmother, and I went to Hammonasset Beach. Grandma and Mom packed food, my sister and I took pails, shovels, and toy boats.



We drove through four towns to reach Madison. I saw Hammonasset State Park on a stretch of road before we turned right into the entrance. Through bushes and trees – there it was. Our resort. The sky met the water, and no buildings marred the view. We parked and got a table for lunch. Grandma always found one nearest the boardwalk with a water view. She plunked her wood lunch basket down and the table belonged to us for the day. I couldn't wait for the grown-up business to finish to get in the water.



We changed in the aging wooden bathhouse. To secure clothes you could, for a small fee, get a key to lock them up. Grandma and Mom wore the white cord “necklace” which held the long key. The key's number matched the locker number. The bathhouses, concession area, boardwalks, and ramps built of wood in the 1920s, had grayed by the 1940s. Railings flanked the ramps, and boardwalks all built high off the sand, provided play areas and relief from the heat. The boardwalk made itself felt as the day passed. Its wood blistered our feet, and we took some home as slivers.

My sister and I tiptoed over the scorching gauntlet of sand and pebbles, using corners of other sunbathers' towels to relieve, for an instant, the torture of getting to the water. We launched our boats, and as they bobbed up and down on the waves, hovered over them making sure they didn't float out to sea.

Around 4:30 we gathered our belongings and headed to the bathhouses built under the pavilion's concession and picnic areas. There, pulling on a long chain, we showered in cold water. Grandma held Jan and me under to make sure the sand and salt water was left at Hammonasset. The sand slid off and fell between the glistening cracks of the wet wood, returning to the beach under the bathhouses.

“You kids fell asleep on the way home,” Mom said. “You looked fresh and tan.” She woke us at Rocky Hill's Fountain where we had ice cream cones. From there the trip home took 30 more minutes. At the front door we said tired good-byes to Grandma. We hoped for a sunny Sunday next week.

Lynn A. Davis

Ms. Davis is now in her 70s and lives at the beach in Clinton. She had never found a parallel to the fun she had at Hammonasset those many decades ago.



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Cruise Blues & Brews Festival

The young and the young-at-heart are in for a great time at the 4th Annual Cruise Blues & Brews Festival, to be held Saturday, September 29, 2018, at 10 am to 4 pm (rain or shine), at the Chester Fair Grounds.

This festival features hundreds of antique and unique cars on display, performances by Connecticut's top blues bands, a food court with a variety of up-scale food trucks, locally brewed craft beer on tap, a marketplace of vendors, a kid's play area full of activities, trophies, games and prizes.

All proceeds from Cruise Blues & Brews Festival support the At-Risk Boys Fund at the Community Foundation of Middlesex County. Established only five years ago, The At-Risk Boys fund has awarded over \$75,000 in grants to organizations throughout Middlesex County. These grants have helped hundreds of boys and young men achieve success and a better life.

The 4th Annual Cruise Blues & Brews Festival will be held Saturday, September 29, 2018, 10 am to 4 pm (rain or shine), at the Chester Fair Grounds.

To learn more about this fun-filled event or to make a donation, please go to www.atriskboysfund.com.



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From The Bike Guy, Paul Egan

For the past two and a half years, I have been working with Clinton Families Helping Families refurbishing and distributing free bikes to Clinton area children and adults. The support of Clinton Families Helping Families has allowed me to provide over 325 bicycles to area residents. I am grateful to the many residents who have donated bikes to me. I am glad to get them, in any condition and am always willing to pick-up and deliver. Residents who have a donation or have a need for a bike can contact me directly at 860-304-7345 or contact Clinton Families Helping Families.



Over the years I have enjoyed seeing many smiles and life changing stories about how one bicycle makes a difference to a children and families for both recreation and transportation. I'd like to share a recent story that took place Independence Day, July 4, 2018 and is one of my favorites.

On Tuesday, July 3rd I had a knock on my door. Disheveled, having just come home from a bike ride, I answered it. It was a neighbor, well known to me by name, but who I had never met. He mentioned he had heard about my bicycle program and shared a story about an immigrant family that several local churches were trying to help. The father needed transportation.

I offered to provide a bike and we immediately went into my garage and picked out an appropriate bike. My neighbor's wife, who was with him, asked if he could also have a basket, and I had one on hand to offer. As with all bikes that I distribute in the community, I do a complete safety check and make a number of adjustments. I was so excited by this bike, because it meant independence for someone. I added a front basket, front and rear lights, a rear basket with bungee cords to hold a grocery bag and water bottle holder. I worked on the bike all day and had so much fun and gratification.

The next day, I was so aware of the importance of Independence Day and its meaning, I decided to drive over with the refurbished bike to my neighbor's house. As it happened, he and his family were preparing to go to a July Fourth Party. He was so excited that the bike was complete and let me know that he was about to see the dad who was to receive the bike at the party! I was so excited that I could possibly make someone more independent on Independence Day!

If you have a bike to donate, or you or your child or someone you know needs a bike, feel free to contact me! Happy riding!

Henry Carter Hull Library

A note from Adult Programming Coordinator,
Sarah Borgnis-Tobin

This year marks the 20th Anniversary of the library's move to our present location on Killingworth Turnpike.



We're as dedicated as ever to providing the public with a diverse collection of books and media, safe and comfortable community spaces, engaging and educational events, valuable resources, and ever-expanding opportunities for all ages. To mark the occasion, here's a list of 20 reasons to visit Henry Carter Hull Library:

Get a library card. Unlock opportunities to borrow more than "just books" with our diverse collection including movies & audio, ukuleles, eReaders, Roku media players, knitting looms, and children's activity backpacks. Coming soon: activity backpacks for adults, sponsored by local business and community organizations. Your Clinton card also grants access to online services for language learning, streaming and downloadable media, and more. Stop by with your card or sign up for an account during National Library Card Month in September for a chance to win prizes!

Make plans. Having a meeting? Need a workspace? The library offers meeting rooms which can be reserved - Call for more information.

Get online, wherever you are. Not only does the library offer free public Wi-Fi on-site, but also now offers lendable Wi-Fi Hotspots, which generate free wireless internet access for your device wherever you are. Call for availability or to place a hold. Attend an event. Movies, concerts, classes, workshops, lectures & more. Try a craft! Get a boater's license! Learn about bobcats! Explore history! Take a fitness class! Events for teens & children, too. Over a dozen free programs per week. Don't miss out - Sign up for our email events newsletter!

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continued on page 12



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Henry Carter Hull Library... continued from page 11

park and museum passes to borrow that provide free or reduced admittance. Call for availability or to reserve. Ask for a tour.

When was the last time you visited the library? If it's been a while or you're new to town, stop by anytime during regular hours to request a tour of our facility.

Make a community connection. Don't overlook opportunities to connect your business or organization with our patrons! Sponsor a program or resource or lead an educational workshop or lecture to connect with the community, support the library, and get the word out about your brand.

Get travel-ready. HCH Library offers Passport Application Processing (by appointment only), A to Z World Travel Database, and a collection of print and digital travel guides for all your travel needs.

Find a notary. Call or stop by to find out when our staff notary is available to assist you.

Learn a language. Mango Languages is a fun, free, and mobile digital language learning program designed for all levels of experience and includes ESL courses. Ask us how to set up your account.

Enjoy art. Each month a different show is on display throughout the library featuring local artists that work with a diverse range of subjects and mediums.

Visit the garden. Our garden is a beautiful spot for some peaceful reading or an outdoor storytime.

Rework your resume. Get reliable and fast resume assistance with JobNow! And Cypress Resume.

Find a job. Visit the job board on our 2nd floor for regularly updated local career opportunities.

Research your roots. Ancestry.com Library Edition gives you the tools you need to research and recreate your family tree.

Go on a virtual reality adventure. Ask about our VR Oculus Rift headset and be transported to a virtual world.

Stay up to date. Our collection of newspapers and magazines is extensive and constantly updated. Local papers can be found in the lobby, and community events are posted on our bulletin board.

Renew your love of reading. Sign up for our new Adult Summer Reading Challenge to earn raffle tickets for every book you read through 8/24. Visit the NPR collection for recommended titles. Explore new releases on the 1st floor to spark your interest. Refresh your bookshelf. Our ongoing book sale is the best deal



The Great American Read and NPR Book Table

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Have an idea for a program? Interested in sponsoring an event? Email sarah@hchlibrary.org or call 860-669-2342 to share your thoughts and discuss options. 100% of library events are funded by generous donations from citizens and community sponsors, and your input and support are appreciated.

- Sarah Borgnis-Tobin, Adult Programming Coordinator

ONGOING WEEKLY ADULT EVENTS

Itch to Stitch: Mondays @ 6:30 p.m.

Crochet or knit with fellow fiber arts enthusiasts.

Mindfulness & Meditation: Tuesdays @ 6:30 pm
Guided by Sarah Johnson, LMT.

Intermediate Tai Chi: Wednesdays @ 9:30 am
Guided by Kim Langley.

Gentle Yoga: Thursdays @ 10:15 am
Guided by Amy de Lucia. (Starting in September)

HCH Quilters: Fridays @ 9:00 am
Bring your project and work with friends.

Beginner Tai Chi: Fridays @ 9:30 am
Guided by Kim Langley.

ONGOING MONTHLY ADULT EVENTS:

New Movie Matinee: 1st Monday of the month @ 1:00 pm -
Screening of a newly released film.

Creative Writer's Group: 1st Monday of the month @ 6:00 pm -
A casual meeting to hear, read, and discuss all formats of original creative writing.

TEDxHCHLibrary: 3rd Tuesday of the month @ 9:30 am - TED
Talks screenings & conversation. (Starting in September)

Shoreline Stock Investors: 1st Thursday of the month @ 6:00 pm -
Discuss investing trends and options.

Caregiver Support Group: 2nd Thursday of the month @ 5:30

pm - Confidential conversation with peer caregivers.

The Atlantic Discussion Group: 4th Wednesday of the month @ 9:30 am - Reading circle. (Please register)

Wellness Wednesday: Last Wednesday of the month @ 6:00 pm
- Workshops and classes on a variety of health and wellness topics.

TEDxHCHLibrary Community Conversation: Topic TBD:

Tues. 10/16 @ 9:30 am

Adult Craft Night: Masquerade Masks: Tues. 10/16 @ 6:00 pm (Please register)

Patrick L. McKiernan Presents: Toxic Stress: Thurs. 10/18 @ 6:30 pm (Please register)

Evening Film: TBD: Mon. 10/22 @ 5:30 pm

USOs: UFOs of the Deep: Thurs. 10/25 @ 6:00 pm

Wellness Wednesday: Topic TBD: Wed. 10/31 @ 6:00 pm

Check soon back for more events & updates!



A note from Head of Children's Services, Coralie Williams:

Greetings from the Children's Room! Our Libraries Rock! Summer Reading Program is still going strong. Our windows are covered with beautifully decorated recycled music CDs, each

Recycled CD Decorations
for Summer Reading

representing an hour of reading time. It is not too late to register and start reading so if you haven't done so, come on in! We would love to add your CDs to our collection. We have all the Nutmeg Book Award Nominees and 4th-5th grade Book Chat books waiting for you.

The Denison Pequotsepos Nature Center will be here on Thursday, August 23rd @ 6:30-7:30 with their presentation Life in a Rock Wall. Come meet all the animals who call rock walls home, from snakes and salamanders to spiders and centipedes. Participants will also be able to build their own mini rock wall to take home.

Our Summer Reading Wrap-Up Party will be on Friday, August 24th from 1:00-3:00. Anyone who registered for summer reading is invited. Enjoy ice cream from an ice cream truck, rock painting, henna tattoos, games, and music by DJ Sam Reed. We will also raffle off a Gift Card for 5 free art classes at Cindy Steven's Fine Art Gallery. (\$90.00 value) - A big THANK YOU to Cindy Stevens for this generous donation.

Henry Carter Hull Library would like to thank the **Clinton Land Conservation Trust** for sponsoring our new "Get Outdoors!" Backpack. The child-sized backpack contains 2 nature cargo vests, 2 magnifying glasses, compact waterproof binoculars,

continued on page 14

You deserve a standing ovation.



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Together we are able to make a real difference in the lives of so many. Consider the support provided by the Ann and George Petry Fund to give young people access to creative arts programs which enable them to share their talents while addressing issues important to their community. Or the Loffredo Performing Arts Fund which supports local thespians as they share the beauty and joy of live musical productions with neighbors and friends.

We celebrate all of you who share the same desire to work in partnership to help our local community thrive today, and tomorrow. *We invite you to learn more by calling us at 860-347-0025 or visiting us online at MiddlesexCountyCF.org.*

Henry Carter Hull Library... continued from page 13

a waterproof military compass, a hand crank solar powered flashlight, 3 folding pocket guides about Connecticut wildlife, trees, and birds, a guide book to Connecticut State Parks, and laminated trail maps to local Clinton Land Conservation Trust hiking trails (valued at over \$150.00).

Be sure to check out our 17 Museum Passes which offer discounts at a variety of art and science museums, zoos, The Mystic Seaport and Mystic Aquarium. Reserve yours today! Stop by and grab a brochure and check out our website for more details about our museum passes, weekly programs, special events, and book chats, and "Like" us on Facebook for new additions and updates.

Happy reading!

- Coralie Williams, Head of Children's Services

SUMMER CHILDREN'S EVENTS: June 18-August 24th

MONDAY:

Baby & Me 4:00-4:30 (birth-24 months)

Imagination Station 5:30-7:30 (all ages) *check website for dates

TUESDAY:

Crafty Kids 9:30-10:00 (older toddlers & preschoolers)

Kids in Motion 3:00-3:30 (family fun)

WEDNESDAY:

ABC Amigos 9:30-10:00 (toddlers & preschoolers)

STEM Challenge 2:30-3:30 (school aged) *6/27, 7/25, 8/1, 8/8,

Lego Club 4:00-5:00 (all ages)

THURSDAY:

Yoga & Mindfulness 9:30-10:00 (family fun) *no class 8/16, 8/23

Picnic Lunch Storytime 12:00-1:00 (all ages, rain or shine)

Matinee Movies 2:30

(family fun-check website for list of showings)

FRIDAY:

Stories & More 10:00-10:30

(toddlers & preschoolers)

Stay & Play 10:30-12:00- bubbles, chalk, sand/water play in

the garden (weather permitting)

Kids Cafe: 12:00-1:00 (ages 1-18)

FALL CHILDREN'S EVENTS:

September 4th-December 21st.

MONDAY:

Baby and Me 4:00-4:30 (birth-24 months)

Imagination Station 5:30-7:30

TUESDAY:

Crafty Kids 9:30-10:00 (older toddlers & preschoolers)

Kids in Motion 4:00-4:30 (family fun)

Read to Daffodil the Therapy Dog 4:00-5:00 (school age)

WEDNESDAY:

ABC Amigos 9:30-10:00 (toddlers & preschoolers)

Lego Club 4:00-5:00 (all ages)

THURSDAY:

Yoga & Mindfulness / 9:30-10:00 (family fun)

Rainbow Music 4:00-4:45 (toddlers & preschoolers)

FRIDAY:

Stories & More 10:00-10:30 (toddlers & preschoolers)

Stay & Play 10:30-11:30 (toddlers & preschoolers)



Find us at Trunk or Treat at Clinton Crossing on October 26th

From the Arbor Club of Clinton

The Arbor Garden Club of Clinton is pleased to announce the schedule of Floral Interpretations of Art that will be a part of the Clinton Art Society 69th Annual Summer Exhibition & Sale July 17-August 12 in the Green Room of Andrews Memorial Town Hall in Clinton.

Look for an exciting collaborative 2019 Calendar featuring photos of the works of CAS Artists and Arbor Garden Club Florists which will go on sale at the FHF Apple Pie Festival, Saturday, October 14, 2018 at 6:30 pm in the Green Room at Andrews Memorial Town Hall, 54 East Main Street, Clinton.

Sunday, July 22	Becky Keating
Tuesday, July 24	Carol Bell
Thursday, July 26	Deb Laccone
Saturday, July 28	Mary Bovich

Monday, July 30	Sue Schaedler
Wednesday, August 1	Liz Isaacson
Friday, August 3	Mary Jane Thompson
Sunday, August 5	Dianne Gustafson
Tuesday, August 7	Carol Martens
Thursday, August 9	MaryPat Igoe-Walton
Saturday, August 11	Ginny Cassanova

Plus a surprise arrangement by Gail Webster and Dee Mozzochi!

Arbor Garden Club is also looking for new members to help us plan Christmas in Clinton. Contact Mary Bovich by e-mail at marybovich@hotmail.com.

Happy Gardening!

CAS News from Clinton Art Society

Clinton Art Society is pleased to announce its 2018-19 Calendar of Exhibits.

August 15 – October 31, 2018 / 2nd Annual Tribute Exhibition

This exhibit features the work of Suzanne Burnham, Robert Langer, distinguished long time members of Clinton Art society who passed away recently and a special tribute to a special Clinton Art Society friend. This exhibit will feature a broad selection of each of the artists works. A reception date for early will be announced shortly.

November 1, 2018 – January 31, 2019 / Exhibition Prize

Winners Show - This exhibit features the work of Karen Weisner, winner of the Exhibition Prize at the 2018 Member's Exhibit, who was selected by juror and curator Judy LeFebvre Schiffer. She will be joined by Joanna Chapin and Hilary Griffin, who were selected by our juror, Becky Beaulieu, Ph.D., Director of the Florence Griswold Museum at the CAS 69th Annual Summer Juried Exhibition. These three artists will exhibit a full range of their artistic works, 75 works in total. A reception with the artists is planned for Thursday, November 8 from 5-7 pm.

February 1 – April 30, 2019 / CAS Member Artists Exhibition

This exhibit will feature over 100 works by Clinton Art Society Members. A reception and art critique are planned.

May 1 – May 31, 2019 - Partners in ART: Workshop and Art Exhibition -

Clinton Art Society member artists will be paired with participating High School Students from The Morgan School, Old Saybrook HS, Westbrook HS, and other Shoreline communities. High school students will receive an art critique of their work, professional assistance preparing selected artwork for exhibition, and have their work featured alongside professional artists in this unique exhibition.

A reception and fundraiser for the Clinton Art Society Scholarship is planned.

Additional Exhibits at CAS Satellite Galleries:

August 1 – October 31, 2018

Marilee Noonan

Liberty Bank/Stanton Professional Building
8 East Main Street, Clinton



Karen Weisner, Pastel 2



Hilary Griffin, Mexican Serape, watercolor



Joanna Chapin, Anika, watercolor

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Clinton Chamber of Commerce

The Chamber of Commerce has been busy planning a series of events both old and new. We continue to strive to enhance the economic vitality and quality of life in our great town of Clinton. Many people don't realize that the Chamber of Commerce is an independent organization and not a part of the town government. As such, we rely on the contributions of our members and the community to maintain our programs. You can help by patronizing our member businesses and tell them that you saw their name as a sponsor to one of our events.

The Chamber is also a resource for finding the many services and products provided by our members. Feel free to call the Chamber office at 860-669-3889 the next time you are looking for something.

GSB Summer Concert Series

Summer is winding down and so is our Thursday concert series. Our last concert of the year will be the Navels on August 16. Concerts are at the Vece Gazebo on the Pierson School Lawn, 75 East Main Street, and begin at 6:30 pm for an hour-and-a-half of good music and fun.

Steward's Ace Hardware Bluefish 5K Road Race

This year marks the 21st annual running of the Bluefish 5k! Runners from all over the state (and beyond) will be at the Jared

Eliot Middle School, 69 Fairy Dell Road, on August 18 when the gun goes off at 9:00 am. It's not too late to register. Go to Active.com at www.tinyurl.com/Register2018BF5K to sign up before



"And they're off!" to a fast start at the Steward's ACE Hardware Bluefish 5K. This year will be the 21th Annual run on Saturday, August 18

August 16. Registration fee is \$25; Registration will be available the day of the race for \$30.

Summerfest and Fireworks

They're back! Celebrate the last weekend of the summer season at the 2018 Summerfest and fireworks on Saturday August 25. The Summerfest will entertain and engage with family fun activities at the Pierson School with a DJ, bounce house, the

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Part of the finale to the last Clinton Fireworks. Taking place on August 25, this year's show should be bigger and better than before.

YMCA's GAGA Pit and more. Behind Town Hall will be a Beer Garden with craft brews and wines, games and the Rock Bottom Band. There will be food trucks, vendors and information booths.

The Summerfest will run from 4:00 to 8:00 pm. Then migrate to your favorite viewing space to see the spectacular fireworks show at the Town Beach, launching at 9:05. NUGroove band will be playing at the beach from 7:00 to 9:00 pm. There will be shuttle buses to help move everyone around and accommodations for handicap parking as well.

United States Coast Guard Band

On Friday, October 12, at 7:00 pm, we will be hosting a concert by the United States Coast Guard Band. This will be the 29th year that the band has performed in Clinton. The performance will be in the new auditorium at the Morgan School, 71 Killingworth Turnpike, Clinton. Tickets are free and can be requested by sending a stamped, self-addressed envelope to the Chamber office at 50 East Main Street, Clinton CT 06413.

Shredding

Our shredding event in the spring was so popular, people kept calling to ask when we would do it again. So on Saturday, October 13, from 9:00 am to 1:00 pm, we will have another Shredding Day. It's an opportunity to clear out those old files and safely and securely dispose of them. Cost is \$6 per paper carton-sized box.

Annual Awards Dinner

Each year the Chamber awards people and businesses who are making a difference here in Clinton. This year's dinner will be on Tuesday, October 16, at the Clinton Country Club. Watch for announcements of the award recipients and how to make reservations to attend.

Trunk or Treat

The Chamber of Commerce and Shoreline Community

continued on page 18

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Clinton Chamber... continued from page 17

Women will be celebrating “Trunk or Treat” hosted by the Clinton Crossing Premium Outlets on Friday, October 26, 2018. This annual event has become a family favorite. There will be awards, entertainment, food and, of course, plenty of costumes. Watch out for the Zombies!



Sunrise at Cedar Island. Tranquil Morning on Clinton Harbor
- Reflections of Clinton Harbor and Cedar Island. Photo courtesy of Jim Mack

Age-Related Macular Degeneration

Age-Related Macular Degeneration (AMD) is the leading cause of severe vision loss in adults over the age of 50. This eye disease occurs when there are changes to the macula, a small portion of the retina that’s located on the inside back layer of the eye. Commonly, older people develop macular degeneration as a natural part of the aging process. AMD causes loss of central vision and it can occur in two forms: wet and dry.

With macular degeneration, you may experience symptoms such as blurriness, dark areas or distortion of your central vision, or permanent loss of your central vision. It usually does not affect your peripheral vision. For example, with advanced macular degeneration you could be able to see the outline of a clock, yet you may not be able to see the hands of the clock to tell what time it is. The majority of people with macular degeneration experience the dry form, which does not have a known treatment, but many people benefit from a vitamin regimen. Unfortunately, vision loss cannot be reversed. The less common wet form may respond to lasers and medical injections if caught and treated early. Smoking and high blood pressure are often associated with the wet form of macular degeneration. If you have been diagnosed with dry macular degeneration, you should use a chart called an Amsler grid every day to monitor your vision. Dry macular degeneration can quickly change into the more damaging wet form. If you notice any change of vision, you should contact your ophthalmologist immediately.

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Bike and Pedestrian Path Endorsed by Board of Selectmen

On May 2nd the Board of Selectmen in Clinton gave its endorsement for a three mile bike and pedestrian path through parts of historic Clinton, the harbor, behind Town Hall to the Elliot Land Trust, and then on to the Clinton Beach. This is a town trail, which means the current infrastructure will be used rather than a "trail" being built. Along the path there will be five points at which the trail meets our rivers and beaches, and where boats and paddleboards can be accessed to a Clinton "blueway." This is the only green/blueway we know of in Connecticut.

The Bicycle and Pedestrian Alliance of Clinton (BPAC) determined the route, gained the committee and board permissions, and collected the money for Phase One. When both phases are complete, the Clinton Greenway/Blueway will connect to both Madison and Westbrook where plans are in the works to join our bike and pedestrian path to theirs.

Carrie Allen, BPAC

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Joey Logano – Inspiring others to do for others

by Sigrid Kun

Professional NASCAR driver Joey Logano started his racing career right here in Connecticut racing quarter midget cars and quickly made a name for himself. Starting at the age of six, the Middletown, CT native started winning championship after championship – to the point that, by the time he was 15, he was already on the radar with NASCAR racing legends. Now, he's always to be reckoned with on the NASCAR racing scene, competing full-time in the Monster Energy NASCAR series and part-time in the NASCAR Xfinity series.

THE STATS ARE IMPRESSIVE.

- Youngest driver to win a NASCAR Xfinity Series race - winning at Kentucky Speedway in 2008 when he was just 18 years, 21 days old and in only his third Xfinity Series start.
- 2009 Monster Energy NASCAR Cup Series Rookie of the Year
- Won the Daytona 500 in 2015 - Second youngest driver to win this race.
- 49 combined wins in NASCAR's top-three series

There is, of course, the glitz and the glamor that pervades NASCAR as a whole. And there's the occasional race-action controversy. And there are the ups and downs. After early successes (leading to the nickname, "Sliced Bread") and nearly winning a championship in 2016, Joey failed to make the playoffs in 2017. This year could mark a turnaround. Joey notched a win at Talladega Superspeedway in April, which ended a nearly year-long winless streak and, as of press time, he is fourth in the NASCAR Championship Point Standings.

But there's more to the 28-year-old than that. Joey and his wife Brittany, whom he married in 2014, welcomed their first child into the world this past January. Joey and Brittany have also been very committed to giving back. In a previous conversation, Joey mentioned, "If we can touch a few people's lives and help them become contributing members of our community and the world, it's really going to make a difference and it starts one person at a time." That's the crux of the Joey Logano Foundation that invests in organizations offering second chances to children and young adults during times of crisis and works to inspire others to live a life of generosity.

WHY SECOND CHANCES?

First, there was a life-changing visit to Joplin, Missouri in 2011 where Joey helped to rebuild a home for a local family following the tornado that devastated the area. That family needed a second chance. Little did Joey know that he would soon need his own second chance. He had been driving the No. 20 Toyota Camry for Joe Gibbs Racing since the 2009 season, but that ended in 2012. He received his second chance when he was picked up by Penske Racing in 2012. The following year, the Joey Logano Foundation was established.



Upper right: Joey Logano. Middle photo: Number 22 on the track. Bottom left: Joey and his wife Brittany at a Meet and Greet. Photos courtesy of the Joey Logano Foundation.

Since 2013, the foundation has invested almost \$2.7 million in various organizations across the country. Programs include inviting children who are facing tough situations (whether physically and/or emotionally) annually to a NASCAR race to be part of the crew for the day, supporting non-profit organizations during the 10-week NASCAR playoffs in each playoff race market, assembling and donating comfort care backpacks to foster and/or terminally ill children, and an annual fundraiser in Connecticut, called Driving Hope Home. A portion of the Driving Hope Home proceeds are donated to The Ronald McDonald House of Connecticut with the remaining proceeds donated to reputable charities the foundation supports to offer children in need a first or second chance. "It's our responsibility. You have to do it. If we're not going to do it, who else is going to be an advocate for these kids," says Brittany, who notes that first chances are important too. "They need a first opportunity in life. If we can shed light to this and inspire others to do the same, we can have a bigger impact than the two of us. That's our goal."

There is no doubt that Joey is a fierce competitor and a pure NASCAR racing talent. But don't overlook the other side. "When you are able to make a difference like that, you can see it in that person's face, how much it affects their lives - there's no better feeling than that," he observes. "I can talk about race wins as much as I want and how great that is but there's nothing better than that win - when you're able to affect something. That's a bigger win than any racetrack can get you."

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